



“If you don’t stand for standards, you’ll keep falling for failures.” – Brownie

Hello!

I’m so glad that you’re taking an amazing step in preparing for a healthy relationship. Compiling a list helps you to be grounded in what you desire in a man and a relationship, instead of settling for less.

Keep in mind your list should contain some reflections of you. Don’t go overboard demanding specifics and you show up with nada in that department. (i.e. you demand a guy to have six-pack abs and weeks go by before you ever do a crunch, shoulder ply, or leg lift. Or you want to be with a millionaire, yet you don’t value hard work and money management.)

Be realistic! Remember, you’re not perfect and there are no perfect men in the world either. So make sure your list is attainable. Use wisdom and understanding when getting to know a potential love interest.

By knowing what you’re aiming for, you put yourself on a path to start connecting with a man who is aiming to connect with you. This list is just one foundational resource towards having a beautifully fulfilling relationship with Mr. Right.

As a “hopeful romantic”, I wish you the BEST in life, loyalty, and love.

Brownie

The "She's Got to Have It" List



In this section list various qualities that a man must have in order to initially qualify for a relationship with you. These are also known as "foundational absolutes."

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The "She's Got to Have It" List



In this section write down traits that you consider as preferences you like a man to possess.
They definitely put a smile on your face and you find them to be magnetic.
But keep in mind these are desired, but not mandatory.

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The "She's Got to Have It" List



This section is dedicated to things that you may not adore, but consider as tolerable. When it comes to the "relationship negotiation table", these factors need to be discussed so you can make healthy decisions in moving forward.

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The "She's Got to Have It" List



Make note of a few things that are absolute RED flags from your viewpoint. More than likely, if a man possesses what's listed below, you'll quickly say goodbye.

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The "She's Got to Have It" List



Every woman needs to have an array of assets, and not just sugar n' spice.
Make a list of things you can bring to strengthen a relationship.
Include your attractive traits and abilities that will upgrade a man and
make the connection mutually beneficial.

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