



THE CHASERS TEST

In the mad chase for love?

1. Are you e-mailing, texting, social media bombarding, giving gifts galore, cooking meals, dropping by his house, or in any way attempting to initiate some kind of contact...just so he doesn't, uh, forget you?
2. Are you cyber-stalking him? (i.e. Practically being the first person that sees and responds to his social media posts)
3. Are you calling him to ask why he hasn't called you?
4. Do you keep contacting his friends to track him down?
5. Is one of your daily priorities researching his friends' online activity, just to get a glimpse of what he's up to?

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Will you chase or be cherished? The choice is yours.

6. Are you continually dropping blunt *relationship* hints? (i.e. "We'd be so cute as a couple." "Wow, we look so good together.")

7. Are you always calculating and analyzing the last time you communicated with him?

8. Do you keep asking him how he feels about you or the relationship?

9. Are you having sex with him, with hopes of impressing him so he'll commit to you?

10. Do you keep inviting him to hang out or join you in hopes of being seen together and publicly validate you as a couple? (i.e. being the "social director" of your connection)

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Giving your heart a break vs. having a broken heart is an option.

11. Do you often feel consumed with jealous thoughts about where he is and who he's spending time when you're apart?

12. Are you expecting too much, too fast? Do you keep creating high pressure expectations? (i.e. "I want us to be in love by next month." "Let's make plans to sync our vacation and holiday schedule."
– Granted, it's the first of March and you've just met mid February.)

NOTE

If you answered YES to any of these questions, now is the time to seriously evaluate your definition of a healthy relationship. You're worth being pursued by a man instead of running out of breath and energy chasing love. **After all, true love is ALWAYS mutually shared.**

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